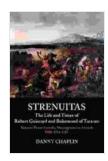
# Strenuitas: The Life and Times of Robert Guiscard and Bohemond of Taranto

In the annals of European history, the names Robert Guiscard and Bohemond of Taranto stand out as two of the most influential and enigmatic figures of the High Middle Ages. Father and son, they led the Norman conquest of southern Italy and Sicily, establishing a powerful and lasting state that would play a pivotal role in the centuries to come.



Strenuitas. The Life and Times of Robert Guiscard and Bohemond of Taranto: Norman Power from the Mezzogiorno to Antioch 1016 – 1111 A.D. by Danny Chaplin

★ ★ ★ ★ 4.5 out of 5 Language : English File size : 3968 KB Text-to-Speech : Enabled Enhanced typesetting: Enabled Word Wise : Enabled Print length : 602 pages : Enabled Lending Screen Reader : Supported



Robert Guiscard was born into a minor noble family in Normandy in the early 11th century. As a young man, he joined the band of Norman adventurers who were seeking their fortunes in southern Italy. Through a combination of military prowess and political acumen, Robert quickly rose through the ranks, becoming one of the most powerful Norman leaders in the region.

In 1059, Robert Guiscard was elected Duke of Apulia and Calabria. He immediately set about consolidating his power and expanding his territory. In 1071, he conquered the city of Bari, which became the capital of his new state. Robert Guiscard also led a series of successful campaigns against the Byzantine Empire, capturing the cities of Otranto, Brindisi, and Taranto.

In 1081, Robert Guiscard launched an ambitious invasion of Sicily. The island was held by the Muslim emirate of Palermo, but Robert was determined to bring it under Norman control. After a three-year campaign, Robert captured Palermo in 1085, completing the Norman conquest of Sicily.

Robert Guiscard died in 1085, but his legacy lived on. His son, Bohemond of Taranto, succeeded him as Duke of Apulia and Calabria. Bohemond was a skilled military leader and a charismatic figure. He played a leading role in the First Crusade, leading the Norman contingent that captured Antioch in 1098.

After the First Crusade, Bohemond established the Principality of Antioch. He ruled the principality for over two decades, defending it against attacks from the Seljuk Turks and the Byzantine Empire. Bohemond died in 1111, but his descendants continued to rule Antioch for another century.

Robert Guiscard and Bohemond of Taranto were two of the most important figures in the High Middle Ages. Their military campaigns and political achievements shaped the course of European history. They established a powerful Norman state in southern Italy and Sicily, and they played a leading role in the Crusades. Their legacy continues to this day.

### The Norman Conquest of Italy

The Norman conquest of Italy was a series of military campaigns that took place between 1016 and 1194. The Normans were a group of Viking raiders who had settled in Normandy in the 10th century. In the early 11th century, they began to venture into southern Italy, where they quickly established themselves as a military force.

The Normans were led by a series of charismatic and ambitious leaders, including Robert Guiscard and Bohemond of Taranto. They were able to exploit the political divisions in southern Italy to their advantage, and they quickly gained control of large tracts of land.

By the end of the 11th century, the Normans had conquered most of southern Italy and Sicily. They established a powerful state that would last for over two centuries. The Norman state in southern Italy was a melting pot of cultures, with Norman, Byzantine, and Muslim influences. It was a center of art, literature, and learning, and it played a major role in the development of European civilization.

#### The Crusades

The Crusades were a series of religious wars that were fought between Christians and Muslims in the 11th, 12th, and 13th centuries. The Crusades were launched by the Catholic Church in response to the Muslim conquest of Jerusalem in 1071. The goal of the Crusades was to recapture Jerusalem and the Holy Land from the Muslims.

The Normans played a major role in the Crusades. Bohemond of Taranto was one of the leaders of the First Crusade. He led the Norman contingent that captured Antioch in 1098. After the First Crusade, Bohemond established the Principality of Antioch. He ruled the principality for over two

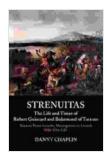
decades, defending it against attacks from the Seljuk Turks and the Byzantine Empire.

The Normans also played a role in the later Crusades. They provided troops and supplies to the Crusaders, and they helped to defend the Crusader states in the Holy Land.

### The Legacy of Robert Guiscard and Bohemond of Taranto

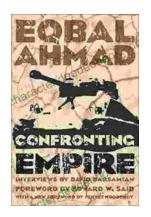
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The legacy of Robert Guiscard and Bohemond of Taranto continues to this day. Their names are still remembered in southern Italy, where they are celebrated as heroes. Their achievements are a testament to the power of human ambition and determination.



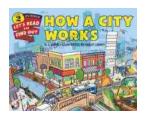
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